

All specimens should be labeled with patient name, date of birth, **AND** the collection date. Each patient should have their own kit for their sample and corresponding paperwork. Multiple MyRisk kits may be packed in one FedEx envelope when sent to Myriad Genetics.

All samples require a signed requisition form from the patient's healthcare provider before any tests can be processed or results can be issued.

All collection tubes must not be expired at time of sample collection. Blood and saliva kits are still usable if the expiration date is the same as the collection date.

	Blood samples	Saliva samples
Sample container	One 10 mL EDTA tube (provided in kit)	One Oragene tube (provided in kit)
Quantity required	10 mL optimal 4 mL minimum Minimum volume must be available in one sample tube	1 mL of saliva (plus 1 mL of buffer in Oragene tube) Patients should fill the saliva collection device to the marked fill line, not including bubbles
Storage and stability	Sample should be sent right away Stable up to 7 days at room temperature, or up to 30 days refrigerated	Sample should be sent right away Do not refrigerate Stable up to 7 days at room temperature
Shipping instructions	Ship at room temperature in provided kits with 2-day FedEx envelope	Ship at room temperature in provided kits with 2-day FedEx envelope
Special instructions	Labels/stickers should not obstruct view of sample volume in tube	Instructions for saliva collection should be followed closely Patient should not eat, drink, smoke, chew gum, or kiss for at least 30 minutes prior to giving a sample Close the lid to add the buffer to the tube before changing the cap Labels/stickers should not obstruct view of sample volume in tube

Samples not meeting these requirements may still be sequenced and the results reported if they meet quality control standards. We reserve the right to discard samples that do not meet our quality control standards.

Special considerations for MyRisk

- For patients with active hematologic malignancies, please contact Myriad Genetics (800-469-7423 ext. 3850) to confirm the sample requirements based on the patient's specific diagnosis.
- Myriad cannot accept MyRisk blood or saliva samples from patients who have received a whole blood transfusion within four (4) weeks of sample collection.
 - This waiting period does not apply for packed red blood cells (pRBC), fresh frozen plasma (FFP), platelets, Rhogam, or IVIG infusion.
- Patients who have had an allogenic (non-self donor) transplant will require an alternative specimen type. Please contact Myriad (800-469-7423 ext 3850) to discuss alternative specimen options.
- Patients who have had a stem cell injection/infusion for a non-cancer condition are eligible for MyRisk under the following conditions:
 - If the stem cell injection/infusion was autologous (self donor), Myriad can proceed with MyRisk blood or saliva sample analysis as normal.
 - If the stem cell injection/infusion was allogenic (non-self donor), the patient must be at least four (4) weeks post-injection/infusion to proceed with MyRisk analysis as normal.